

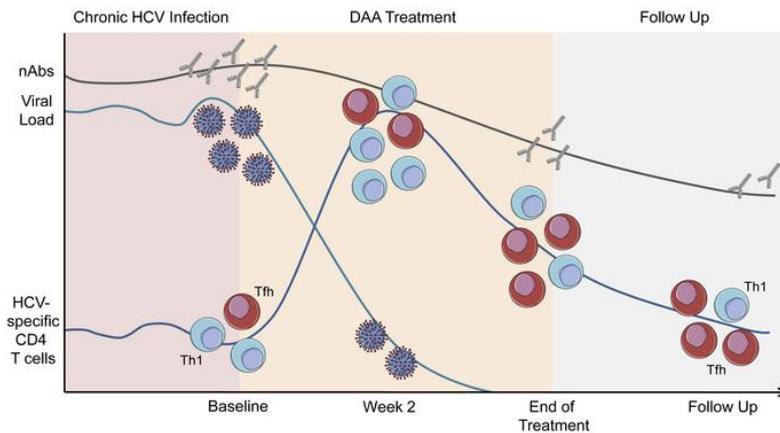
Follicular T helper cells shape the HCV-specific CD4 T cell repertoire after viral elimination

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1 **Title:**

2 Follicular T helper cells shape the HCV-specific CD4 T cell repertoire after viral elimination

3

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56

57

58 **Abstract**

59 Background:

60 Chronic HCV-infection is characterized by a severe impairment of HCV-specific CD4 T cell
61 help that is driven by chronic antigen stimulation. We aimed to study the fate of HCV-specific
62 CD4 T cells after viral elimination.

63

64 Methods:

65 HCV-specific CD4 T cell responses were longitudinally analyzed using MHC class II
66 tetramer-technology, multicolor flow cytometry and RNA sequencing in a cohort of chronically
67 HCV-infected patients undergoing therapy with direct-acting antivirals. In addition, HCV-
68 specific neutralizing antibodies and CXCL13 levels were analyzed.

69

70 Results:

71 We observed that the frequency of HCV-specific CD4 T cells increased within two weeks
72 after initiation of DAA therapy. Multicolor flow cytometry revealed a downregulation of
73 exhaustion and activation markers and an upregulation of memory-associated markers.
74 While cells with a Th1 phenotype were the predominant subset at baseline, cells with
75 phenotypic and transcriptional characteristics of follicular T helper cells increasingly shaped
76 the circulating HCV-specific CD4 T cell repertoire, suggesting antigen-independent survival
77 of this subset. These changes were accompanied by a decline of HCV-specific neutralizing
78 antibodies and the germinal center activity.

79

80 Conclusion:

81 We identified a population of HCV-specific CD4 T cells with a follicular T helper cell signature
82 that is maintained after therapy-induced elimination of persistent infection and may constitute
83 an important target population for vaccination efforts to prevent re-infection and
84 immunotherapeutic approaches for persistent viral infections.

85

86 **Introduction**

87 The development and approval of direct-acting antivirals (DAAs) targeting different viral
88 proteins of the Hepatitis C Virus (HCV) has revolutionized the treatment of millions of
89 chronically infected individuals worldwide (1). While the impact of DAAs on health care
90 cannot be overestimated, the development of these agents has also provided researchers
91 with a fascinating novel tool to dissect immune responses to a pathogen that establishes
92 persistent infection for decades and is eradicated from the host within weeks after initiation of
93 antiviral therapy (2). Indeed, several landmark discoveries have been made on HCV
94 immunity in this context, mostly demonstrating that HCV-induced alterations of the immune
95 system are not rapidly restored after DAA-mediated viral clearance (3-5), reviewed in (6).
96 However, it has also been shown that HCV-specific CD8 T cells acquire some characteristics
97 of T cell memory and regain their ability to proliferate (7, 8). Natural killer (NK) cell function
98 appears to be partially restored (9) and the expression of peripheral and intrahepatic
99 interferon stimulated genes rapidly changes after DAA therapy (10). Moreover, analyses of
100 bulk CD4 and CD8 T cells revealed that T cells expressing the chemokine (C-X-C motif)
101 receptor 3 (CXCR3) - which is expressed on the vast majority of liver-infiltrating CD4 T cells
102 in chronic infection (11) – are increased in the peripheral blood 1-2 weeks after treatment
103 initiation, hinting towards an early emigration of liver-infiltrating lymphocytes to the blood
104 (12). In line with these observations, levels of IP-10 (CXCL10, the ligand for CXCR3) are
105 rapidly downregulated after DAA initiation (10). However, although HCV-specific CD4 T cells
106 are central regulators of HCV-specific immunity (13, 14), the fate of HCV-specific CD4 T cells
107 during and after DAA therapy has not been analyzed in previous studies. Specifically, it is
108 unknown whether elimination of the virus results in reappearance of HCV-specific CD4 T
109 cells in the peripheral blood as they are hardly detectable during chronic infection, possibly
110 due to compartmentalization to the liver (14). Moreover, it has been shown that HCV-specific
111 CD4 T cells display an exhausted phenotype during chronic infection (15) and it remains to
112 be demonstrated whether expression of inhibitory receptors is maintained after viral
113 elimination and whether memory formation can be observed. In addition, mouse models of

114 persistent viral infection revealed that virus-specific CD4 T cells preferentially acquire a Th1
115 or a T follicular helper (Tfh) cell phenotype after viral infection (16, 17). However, it is unclear
116 whether this differentiation fate can also be observed in a chronic viral infection in humans
117 and whether loss of the persistent antigen influences the differentiation pattern of the
118 antigen-specific CD4 T cell repertoire. Thus, in order to address these important questions,
119 we comprehensively characterized the HCV-specific CD4 T cell compartment in chronically
120 HCV-infected patients undergoing DAA therapy. Importantly, our observations reveal
121 dynamic changes of the frequency and the subset distribution of HCV-specific CD4 T cells
122 during antiviral therapy. We demonstrate that activation and inhibition markers are
123 downregulated, while memory-associated markers are upregulated. In addition,
124 transcriptional and phenotypic profiling reveals that CD4 T cells with a Tfh signature are
125 maintained months after elimination of the persistent antigen. Importantly, this coincides with
126 a decline of germinal center activity and HCV-specific neutralizing antibodies (nAb).

127

128

129 **Results**

130 **Increase of HCV-specific CD4 T cell frequencies within 2 weeks after initiation of**
131 **antiviral therapy**

132 In order to monitor changes of HCV-specific CD4 T cell frequencies throughout the course of
133 antiviral therapy, we performed next generation sequencing (NGS)-based HLA-typing in a
134 cohort of 248 patients with chronic HCV-infection undergoing DAA therapy. Whole blood
135 samples from HLA-DRB1*01:01- or HLA-DRB1*15:01-positive patients were taken prior to
136 treatment initiation (baseline), 2 weeks after treatment initiation (W2), at the end of therapy
137 (EOT) and 24 weeks after end of treatment (follow up, FU) after written informed consent.
138 MHC class II tetramer staining with bead-based enrichment was performed in 44 patients. In
139 general, frequencies of HCV-specific CD4 T cells were found to be very low and only
140 detectable after bead-based tetramer-enrichment in 29 of 44 patients at baseline (Figure 1,
141 Figure 2A, Supplemental Figures 1 and 2, and Supplemental Table 1). Interestingly,
142 however, we observed a significant increase of HCV-specific CD4 T cell frequencies as early
143 as two weeks after initiation of antiviral therapy (median at baseline and W2: 6.9×10^{-4} and
144 1.5×10^{-3} , respectively; Figure 2, A–C). Following W2, CD4 T cell frequencies tended to
145 decrease and were found to be similar at FU compared to those at baseline (Figure 2, A-C).
146 The increased frequency at W2 compared to baseline was observed in the vast majority of
147 patients. Indeed, while frequencies declined in 5 out of 40 patients (12.5%) that could be
148 analyzed at both time points, or remained undetectable in 7/40 patients (17.5%), 28/40
149 patients (70%) showed an increase in HCV-specific CD4 T cell frequencies at W2 compared
150 to baseline (Figure 2D). Importantly, detection rates of HCV-specific CD4 T cells or changes
151 in frequency from baseline to W2 were largely independent from viral genotype, however,
152 HLA-DRB1*15:01-positive patients were more likely to mount a detectable CD4 T cell
153 response (Supplemental Figure 3). As expected, viral titers and alanine transaminase (ALT) -
154 levels rapidly declined after treatment initiation (Supplemental Figure 4). Collectively, these

155 data suggest that DAA therapy can reinvigorate the circulating pool of HCV-specific CD4 T
156 cells.

157

158 **Downregulation of inhibitory receptors and activation markers on HCV-specific CD4 T** 159 **cells during DAA therapy**

160 Due to the low frequencies of HCV-specific CD4 T cells in the chronic phase of HCV-
161 infection, information on their ex vivo phenotype is limited. Indeed, while some data exist on
162 the hierarchy of inhibitory receptors (15), data on activation markers are mostly lacking.
163 Moreover, it is entirely unclear whether viral clearance after years of persistent infection
164 alters the state of HCV-specific CD4 T cells. In order to overcome this shortcoming, we
165 analyzed the expression of several inhibitory receptors and activation markers on HCV-
166 specific CD4 T cells in chronic HCV infection and throughout antiviral therapy. The analyses
167 of inhibitory receptors at baseline revealed high percentages of HCV-specific CD4 T cells
168 (median > 80 %) expressing PD-1, BTLA, CD39 and TIGIT in the chronic phase of the
169 infection (baseline) while fewer cells expressed CD305 (Figure 3, A–F, blue dots).
170 Interestingly, the expression of these receptors showed different dynamics during antiviral
171 therapy. Indeed, while CD39 was rapidly downregulated (% positive and median
172 fluorescence intensity, MFI), HCV-specific CD4 T cells maintained expression of PD-1,
173 BTLA, and TIGIT during the course of therapy (Figure 3, A–F, blue dots and lines). However,
174 analyses of the PD-1 MFI revealed a significant reduction in the expression levels of PD-1
175 (Figure 3, A and B, green bars and scattered white dots). Thus, expression of the inhibitory
176 receptors CD39 and PD-1 decreased during the course of antiviral therapy while low-level
177 expression of PD-1 is maintained on HCV-specific CD4 T cells after therapy. Due to the loss
178 of ongoing antigen stimulation during and after DAA therapy, we hypothesized that HCV-
179 specific CD4 T cells would also display changes in their expression patterns of activation
180 markers. Among the analyzed activation markers, OX40 (CD134) was most strongly
181 expressed in the chronic phase and was maintained throughout the course of therapy;

182 however, similar to the expression pattern of PD-1, MFI decreased from baseline towards FU
183 (Figure 3G). The activation markers ICOS and CD38 were less strongly expressed at
184 baseline compared to OX40, but expression also significantly decreased during the course of
185 therapy and was almost undetectable in the FU (Figure 3, H–J). Collectively, these data
186 reveal significant changes in the ex vivo phenotype of HCV-specific CD4 T cells after
187 elimination of the persistent antigen.

188

189 **Antiviral therapy is associated with increased expression of memory-associated** 190 **markers and changes of chemokine receptor expression on HCV-specific CD4 T cells**

191 Next, we asked whether changes in expression of inhibition and activation markers are also
192 accompanied by changes of markers that indicate T cell memory or helper-lineage affiliation
193 of CD4 T cells. These analyses revealed an upregulation of CD127 (Figure 4, A and B) on
194 HCV-specific CD4 T cells after antiviral therapy indicating CD4 T cell memory (18). This was
195 associated with a loss of Ki-67 expression (Figure 4C) and an upregulation of Tcf1 (Figure
196 4D), a transcription factor that facilitates memory development (19) and longevity of T cell
197 immunity during persistent infection (20). With regards to chemokine receptors, we observed
198 that few HCV-specific CD4 T cells expressed CXCR5 at baseline, in line with our previous
199 observation (11). However, CXCR5 expression increased at FU compared to baseline
200 (Figure 4, E and F). In contrast, CXCR3 expression levels were high at baseline and were
201 maintained during the course of antiviral therapy, while CCR7 and CD25 were expressed at
202 low levels throughout the observation period with a slight increase of CCR7 expression
203 (Figure 4, G–I). Taken together, these data demonstrate that HCV-specific CD4 T cells
204 increasingly display characteristics of memory development as characterized by upregulation
205 of CD127 and Tcf1.

206

207 **Shift of HCV-specific CD4 T cells towards follicular T helper cells after initiation of**
208 **antiviral therapy**

209 Commitment of virus-specific CD4 T cells to different differentiation stages in chronic
210 infection has been reported in murine chronic infection, including differentiation of Th1 or Tfh
211 cells (17). To investigate the CD4 T cell differentiation landscape during chronic HCV
212 infection and DAA therapy, we co-stained CD4 T cells with HCV-specific MHC class II
213 tetramers and key markers (CCR6, CCR7, CXCR3, CXCR5, CD25, CD45RA, CD127, ICOS,
214 OX40, PD-1) allowing for a comprehensive analysis of the polarization of human T helper
215 cells. The phenotypic complexity of CD4 T cells was visualized using t-distributed Stochastic
216 Neighbor Embedding (tSNE) analyses on longitudinal stainings of a chronically HCV-infected
217 patient with a strong HCV-specific CD4 T cell response prior to, during and after DAA
218 therapy. The expression of phenotypic markers on the resulting tSNE map is shown in Figure
219 5A. As expected, markers associated with naïve or central memory T cells (such as
220 CD45RA, CCR7) and polarized effector responses (including CCR6, CXCR3, CXCR5)
221 localized to different areas of the map. We thus speculated that this approach would allow
222 distinguishing naïve, memory, and individual T helper cell lineages. Therefore, we next gated
223 T helper populations using canonical marker combinations and visualized their expression on
224 the tSNE map (Figure 5B). Indeed, distinct areas of the map were occupied by naïve,
225 memory, Tfh, Th1, Th17 or regulatory T (Treg) cells. These results indicated that localization
226 on the tSNE map could be used to inform about the underlying polarization state. To
227 understand the polarization of HCV-specific CD4 T cells, we identified their localization on
228 the tSNE map prior to, during and after therapy (Figure 5C). Interestingly, we observed a
229 strong shift of HCV-specific CD4 T cells after initiation of therapy. While the majority of HCV-
230 specific CD4 T cells co-localized with Th1-polarized areas of the map at baseline, a large
231 population of HCV-specific CD4 T cells shifted towards a Tfh-polarized area at W2 (Figure 5,
232 B and C). Following W2, we observed a decline in the numbers of HCV-specific CD4 T cells
233 towards FU (as also seen in Figure 2), but the localization to the Tfh area was maintained.
234 Very similar observations were made in other patients (Supplemental Figure 7).

235 In order to follow up on this observation and investigate whether this shift towards a Tfh
236 phenotype is a common feature of HCV-specific CD4 T cells during antiviral therapy, we
237 analyzed Tfh and Th1 signatures on HCV-specific and bulk CD4 T cells at baseline and at
238 FU in 16 and 8 patients, respectively. Interestingly, the percentage of HCV-specific CD4 T
239 cells with a Tfh phenotype significantly increased from baseline to FU (10.4% to 27.2%
240 [median]; $p = 0.035$; Figure 6A). Specifically, 12/16 patients displayed higher HCV-specific
241 Tfh frequencies at FU compared to baseline, while 3/16 had decreasing frequencies with one
242 patient showing no changes (Figure 6A). Importantly, this effect was restricted to the HCV-
243 specific CD4 T cell population as these changes were not observed on the bulk CD4 T cell
244 population, suggesting an antigen-specific effect (Figure 6A). In contrast, cells with a Th1
245 phenotype decreased throughout the course of therapy in 6/8 patients while 2 patients
246 showed slight increases of Th1 frequencies (44.8% to 13.5% [median]; $p = 0.039$); again, this
247 effect was only observed on HCV-specific CD4 T cells (Figure 6A). Noteworthy, we did not
248 observe significant changes in the production of the lineage-defining cytokines IFN- γ (Th1)
249 and IL-21 (Tfh) in HCV-specific CD4 T cells during the course of therapy (Supplementary
250 Figure 5). In sum, these analyses indicate that HCV-specific CD4 T cells undergo major
251 changes in lineage commitment after initiation of DAA therapy.

252

253 **Emergence of a transcriptional follicular T helper cell signature after viral clearance**

254 In order to compare the HCV-specific CD4 T cell population to Tfh cells in more detail, we
255 performed RNA sequencing of HCV-specific CD4 T cells, bulk Th1 cells and bulk circulating
256 Tfh (cTfh) cells that have previously been demonstrated to most closely resemble lymphoid-
257 tissue derived Tfh cells. Circulating Tfh cells are defined as CD4 T cells expressing CXCR5
258 and PD-1 in the absence of CXCR3 (21). In order to determine whether the phenotypic shift
259 from Th1 towards Tfh can also be reproduced on the level of gene transcription, we
260 performed RNA sequencing at different time points in 3 patients. For technical reasons, only
261 patients with a sufficiently strong HCV-specific CD4 T cell response at baseline (i.e. > 50

262 HCV-specific CD4 T cells within $10\text{-}20 \times 10^6$ PBMCs) could be included for sequencing. In
263 order to identify genes that are differentially expressed between bulk Th1 and Tfh cells we
264 pooled the respective populations from all time points and identified 297 differentially
265 expressed genes between cTfh and Th1 cells (false discovery rate [FDR] cutoff was set to
266 0.05, Supplemental Table 4). Using principal component analysis, we analyzed the proximity
267 of the HCV-specific CD4 T cells from baseline, W2 and FU to the bulk Th1 and cTfh
268 populations. Importantly, in line with our phenotypic observations, we observed a
269 convergence of the HCV-specific CD4 T cells towards the cTfh population away from the Th1
270 population from baseline to FU (Figure 6B, Supplementary Figure 8). In addition, focusing on
271 genes that were differentially expressed between HCV-specific CD4 T cells at baseline and
272 cTfh cells, we observed that the transcriptional profile of HCV-specific CD4 T cells converged
273 towards that of cTfh cells during antiviral therapy (Figure 6C and Supplemental Table 5).
274 Importantly, we observed that interferon stimulated genes (ISGs) such as CAECAM1 (22) but
275 also CXCL13 (23) were among those genes that were rapidly downregulated on HCV-
276 specific CD4 T cells after treatment initiation. CXCL13, the ligand for CXCR5, has recently
277 been established as a biomarker for germinal center activity (24). The appearance of HCV-
278 specific cells with a Tfh phenotype in the circulation during and after antiviral therapy could
279 be associated with a reduction of germinal center activity in the lymphoid tissues and the
280 liver. Thus, we analyzed CXCL13 levels in the plasma of patients. Interestingly, we observed
281 a decrease of CXCL13 in patients with chronic HCV-infection after initiation of antiviral
282 therapy, suggesting a decline of overall germinal center activity (Figure 6D). In order to
283 analyze HCV-specific germinal center activity, we analyzed genotype-specific nAb-titers at
284 baseline and after initiation of antiviral therapy. Importantly, we observed that resolution of
285 persistent infection also resulted in a decline of HCV-specific nAb-titers (Figure 6E).
286 Collectively, these data demonstrate that HCV-specific CD4 T cells with transcriptional and
287 phenotypic features of Tfh cells appear in the circulation after elimination of the persistent
288 antigen which is associated with decreasing levels of CXCL13 and HCV-specific nAbs,
289 revealing that global and HCV-specific germinal center activity declines after viral clearance.

291 **Discussion**

292 Due to the difficulties in the detection of pathogen-specific CD4 T cells in humans, little is
293 known about their differentiation fate, their localization during infection and their functional
294 characteristics, particularly in the context of a persistent infection. However, given their
295 central role in regulating cellular and humoral immunity and their relevance for vaccine
296 development, a detailed knowledge of their characteristics and their biological properties is
297 essential. While some studies have analyzed different aspects of HCV-specific CD4 T cells in
298 the context of acute infection (11, 14, 25-27), information on their functional, phenotypic and
299 transcriptional properties in persistent infection is scarce. Most importantly, it remains entirely
300 unclear how interferon-free therapy and elimination of the persistent antigen affects the HCV-
301 specific CD4 T cell population. This is a crucial question, as it has been demonstrated that
302 DAA mediated viral clearance does not protect from re-infection and rates of re-infection are
303 high in populations at risk (28). Thus, the optimal therapeutic strategy in chronically infected
304 patients would be antiviral therapy followed by prophylactic vaccination. And while the
305 development of a prophylactic vaccine is challenging by itself (29, 30), it might be even more
306 difficult in patients previously exposed to persistent infection and a subsequent “chronic
307 imprint” on the pathogen-specific T cells (31). CD4 T cells are of particular importance in this
308 context, as they constitute prime targets for vaccines due to their potential to facilitate both
309 CD8-mediated cytotoxicity and B cell-mediated humoral immunity. Interestingly, we observed
310 changes in the HCV-specific CD4 T cell compartment that indicate a trend towards memory
311 development, most prominently characterized by upregulation of CD127 and Tcf1.
312 Importantly, however, CD127 expression-levels on HCV-specific CD4 T cells after DAA
313 therapy did not reach the levels that were observed on bulk CD4 T cells (supplemental figure
314 6). Similarly, longitudinal analyses of activation markers and inhibitory receptors revealed a
315 downregulation of several markers (CD38, CD39, ICOS, OX40, PD-1) while some of them
316 were maintained, albeit at lower expression levels (i.e. PD-1 and OX40). In agreement with
317 observations in HCV-specific CD8 T cells, these changes indicate that some features of T
318 cell exhaustion and activation are reversible even after decades of persistent infection while

319 others appear to be persistently imprinted (8, 32), preventing the development of classical T
320 cell memory. Of note in this context, the phenotypic changes towards a memory-like
321 phenotype were not accompanied by changes in the cytokine expression pattern of HCV-
322 specific CD4 T cells.

323 Another important finding of our study was the observation that frequencies of HCV-specific
324 CD4 T cells significantly increased early after initiation of antiviral therapy. Due to the short
325 lifespan of Hepatitis C virions (approximately 3 h) (33), inhibition of their replication by DAAs
326 results in a rapid decline of viral loads in treated patients. Consequently, HCV-specific T cells
327 are no longer required in the liver parenchyma to suppress viral replication. Based on the
328 presence of liver-infiltrating HCV-specific T cells targeting the virus in chronic HCV infection
329 (34), a rapid efflux of liver-infiltrating T cells after viral elimination is well conceivable. Indeed,
330 hepatocyte-specific expression of IP-10 results in migration of CXCR3-expressing T cells to
331 the liver in the chronic phase of the infection and has been shown to correlate with hepatic
332 inflammation (35). After DAA initiation, IP-10 levels rapidly decrease (4) coinciding with the
333 emergence of CXCR3-expressing T cells in the peripheral blood (12). Similarly, we and
334 others have previously shown that CD4 T cells with functional and phenotypic characteristics
335 of Tfh cells accumulate in the chronically HCV-infected liver (11, 36) and have now identified
336 an increase of HCV-specific CD4 T cells with phenotypic and transcriptional characteristics of
337 Tfh cells in the circulation after DAA therapy. Collectively, these observations suggest an
338 active Tfh program in virus-specific CD4 T cells during chronic infection at the site of infection
339 (and possibly in lymphoid tissues) that becomes detectable in the circulation after termination
340 of viral replication in the liver. Unfortunately, due to restrictions in accessing different tissues
341 at different time points in humans, we cannot track the fate of the liver-infiltrating Tfh cells
342 after DAA-induced termination of persistent infection to experimentally address whether the
343 increase of Tfh cells in the circulation is associated with a reduction of intrahepatic Tfh
344 responses.

345 The decline of germinal center activity after antiviral therapy, as characterized by decreases
346 of CXCL13 and the HCV-specific nAbs, further suggests that HCV-specific Tfh cells may no
347 longer actively promote germinal center function in lymphoid tissues or the liver and may be
348 released into the circulation.

349 Co-expression of CXCR5 and PD-1 serves as a reliable marker to identify Tfh cells in
350 lymphoid tissues and in the peripheral blood. However, the phenotype that most precisely
351 characterizes functional Tfh cells in the periphery remains to be identified. In this regard,
352 CXCR3 has emerged as a central marker to distinguish highly functional Tfh cells from those
353 with little ability to provide B cell help. It has been speculated that expression of CXCR3 on
354 Tfh cells may directly translate into the quality of the resulting antibody response. Indeed,
355 analyses from bulk memory Tfh cells have demonstrated that Tfh cells lacking CXCR3-
356 expression possess the strongest ability to provide B cell help in vitro (21, 37). Moreover, the
357 frequency of these cells is positively associated with the presence of highly potent broadly
358 neutralizing HIV-specific antibodies in HIV-infected individuals (21). In contrast, Tfh cells
359 elicited after influenza vaccination as well as HCV-specific CD4 T cells express CXCR3 (11,
360 38-40) that is maintained even after the loss of the persistent antigen. In case of the
361 influenza vaccination, antibodies provide little protection and are rather short-lived (41, 42).
362 Similarly, HCV-specific antibodies with neutralizing ability have been shown to emerge late
363 after infection in patients developing chronic infection and are not sufficiently maintained after
364 spontaneous viral clearance (43, 44). Here, we demonstrate that nAbs decrease after DAA
365 mediated viral clearance, suggesting that persistent HCV-infection induces Tfh cells that can
366 maintain HCV-specific germinal center responses but that these rapidly collapse after viral
367 clearance. These observations support the hypothesis that Tfh cells with a Th1 differentiation
368 bias, characterized by the expression of CXCR3, are suboptimal in enabling generation of
369 rapidly emerging, broadly neutralizing and long-lasting antibody responses.

370 With regards to limitations of this study, it certainly lacks longitudinal analyses of liver
371 samples and ideally also liver-draining lymph node samples throughout antiviral therapy to

372 corroborate the observations in the peripheral blood. However, these samples are almost
373 impossible to acquire even in individual patients, especially taking HLA-requirements into
374 account in order to perform in-depth analyses of HCV-specific CD4 T cells.

375 Collectively, our data demonstrate that clearance of persistent HCV-infection by direct-acting
376 antivirals results in an appearance of HCV-specific Tfh cells in the circulation. These cells
377 may be liver-derived and released into the circulation after elimination of the persistent
378 antigen. In contrast to their Th1 counterparts, they are maintained in the periphery months
379 after viral elimination. Their appearance in the circulation coincides with the reduction of
380 germinal center activity and precedes the reduction of HCV-specific nAb-titers, indicating that
381 these cells may be involved in maintaining HCV-specific humoral immunity during chronic
382 infection. However, efforts to develop a vaccine to prevent re-infection will have to show
383 whether these HCV-specific memory-like Tfh cells are able to induce long-lasting and
384 protective nAb-responses.

385

386 **Materials and methods**

387 **Study subjects**

388 A total of 248 chronically HCV-infected patients undergoing DAA therapy have been
389 screened for inclusion in this study. Samples were obtained at baseline (before therapy), at
390 week 2 (W2) of therapy, at the end of therapy (EOT) and 24 weeks after end of therapy
391 (follow up, FU). In selected patients, additional samples were taken at later time points (FU >
392 24). Patients were HLA-typed by next generation sequencing using commercially available
393 primers (GenDx, Utrecht, The Netherlands) and run on a MiSeq system. Data were analyzed
394 using the NGSengine® Software (GenDx). A total of 76 patients were included in this study,
395 44 of which were positive for either HLA DRB1*01:01 or DRB1*15:01. Plasma samples and
396 PBMCs were analyzed at the time points indicated in each figure. All samples were frozen
397 until usage. Patient characteristics are summarized in Supplemental Table 1.

398

399 **Magnetic bead-based enrichment of antigen-specific CD4 T cells**

400 The magnetic bead-based enrichment of antigen-specific CD4 T cells was performed as
401 described previously (11, 45) using anti-PE magnetic beads according to the manufacturer's
402 protocol (MACS technology, Miltenyi Biotech, Bergisch Gladbach, Germany). In brief,
403 PBMCs from HLA-DRB1*01:01- or HLA-DRB1*15:01-positive donors were thawed and
404 incubated with the respective PE-labeled MHC class II tetramer (see Supplemental Table 2).
405 Magnetic beads were added and the HCV-specific cells were enriched by magnetic cell
406 separation. The Pre-enriched sample, the depleted sample and the enriched sample were
407 stained with fluorochrome-conjugated antibodies and analyzed by flow cytometry. 5 antigen-
408 specific cells were considered as lower detection limit. The frequency of HCV-specific CD4 T
409 cells was calculated as follows: Absolute number of tetramer-binding CD4 T cells (enriched
410 sample) divided by the absolute number of CD4 T cells (pre-enriched sample) x 100, as
411 previously described (11).

412

413 **Extracellular staining and Flow cytometry**

414 Pre-enriched, depleted and enriched cell samples were stained 20 min at 4°C with antibodies
415 (see Supplemental Table 3). All samples were acquired on an LSR Fortessa flow cytometer
416 (BD Bioscience) and were analyzed with FlowJo_V10 software (LLC, Ashland, USA). For the
417 analysis of HCV-specific CD4 T cells and bulk CD4 T cells, dump gate (CD14, CD19, viability
418 dye)-positive cells and subsequently naïve CD4 T cells (CD45RA+CCR7+) were excluded.

419

420 **Transcription Factor Staining**

421 Enriched samples were stained for 10 min at room temperature (RT) against surface markers
422 (see supplemental Table 3), then fixed and permeabilized (eBioscience™ Intracellular
423 Fixation & Permeabilization Buffer Set, Thermo Fisher) and stained with antibodies against
424 transcription factors for 30 min at 4°C. Antibodies are listed in Supplemental Table 3. All
425 samples were acquired on an LSR Fortessa flow cytometer (BD Bioscience) and were
426 analyzed with FlowJo_V10 software (LLC, Ashland, USA).

427

428 **Intracellular Cytokine staining**

429 Enriched samples were stimulated with phorbol myristate acetate (PMA) (20ng/ml, Sigma-
430 Aldrich Chemie GmbH, Germany) and ionomycin (0.4µg/ml, Sigma-Aldrich Chemie GmbH,
431 Germany). 0.5µl/ml Golgi-Plug™ and 0.325µl/ml Golgi-Stop™ (BD Bioscience) were added
432 to each well. After 3.5 h of incubation, the cells were stained for 15 min at RT with antibodies
433 against surface markers, then fixed and permeabilized (CytofixCytoperm, BD Bioscience)
434 and stained with antibodies against cytokines and CD4 for 20 min at room temperature.
435 Antibodies are listed in Supplemental Table 3. All samples were acquired on an LSR

436 Fortessa flow cytometer (BD Bioscience) and were analyzed with FlowJo_V10 software
437 (LLC, Ashland, USA).

438

439 **T-distributed Stochastic Neighbor Embedding (tSNE) analysis**

440 Phenotypic analysis of CD4 T cell responses was performed longitudinally in patients.
441 Patient samples analyzed in one experimental batch were analyzed to visualize high-
442 dimensional phenotypes on a 2-dimensional map using tSNE, as previously described (46,
443 47). Briefly, equal numbers (n=12500) of live singlet CD4 T cells were sampled per individual
444 time point. 2-dimensional tSNE representation was calculated (1000 iterations, eta 200,
445 perplexity=25) using the single-cell expression information from 10 antibody co-stainings
446 (CCR6, CCR7, CXCR3, CXCR5, CD25, CD45RA, CD127, ICOS, OX40, PD-1) and analyzed
447 using Cytobank (Santa Clara, CA, USA) and FlowJo 10.5.3 software (LLC, Ashland, USA).

448

449 **RNA Sequencing**

450 HCV-specific CD4 T cells were enriched by magnetic bead based enrichment and surface
451 stained with antibodies (see Supplemental Table 3). Live cells were sorted on a
452 FACSMelody Cell Sorter (BD Bioscience). HCV-specific CD4 T cells were sorted as
453 CD4+Tetramer+ non-naïve cells. cTfh cells were sorted as CD4+CXCR5+PD-1+CXCR3-
454 non-naïve cells, Th1 cells were sorted as CD4+CXCR3+CCR6- non-naïve cells. 50 cells
455 each were sorted into 1x reaction buffer per time point per patient and processed with
456 SMART-Seq® v4 Ultra® Low Input RNA Kit for Sequencing (Clontech Laboratories, Inc., A
457 Takara Bio Company, CA 94043, USA). The libraries were sequenced at the EMBL
458 Genomics Core Facility (Heidelberg, Germany) using the Illumina NextSeq 500 platform with
459 75 bp paired-end reads. Sequencing reads will be uploaded to the EGA. Raw read counts
460 per gene (using the gencode v19 gene models) are available as supplementary data.

461

462 **RNA Sequencing data alignment and differential analysis**

463 RNA sequencing reads were mapped the human reference genome (build 37, version
464 hs37d5) using STAR (version 2.5.2b) (48) using a 2-pass alignment. The alignment call
465 parameters used were:

```
466 --sjdbOverhang 200 --runThreadN 8 --outSAMtype BAM Unsorted SortedByCoordinate --  
467 limitBAMsortRAM 100000000000 --outBAMsortingThreadN=1 --outSAMstrandField  
468 intronMotif --outSAMunmapped Within KeepPairs --outFilterMultimapNmax 1 --  
469 outFilterMismatchNmax 5 --outFilterMismatchNoverLmax 0.3 --twopassMode Basic --  
470 twopass1readsN -1 --genomeLoad NoSharedMemory --chimSegmentMin 15 --chimScoreMin  
471 1 --chimScoreJunctionNonGTAG 0 --chimJunctionOverhangMin 15 --  
472 chimSegmentReadGapMax 3 --alignSJstitchMismatchNmax 5 -1 5 5 --alignIntronMax  
473 1100000 --alignMatesGapMax 1100000 --alignSJDBoverhangMin 3 --alignIntronMin 20 --  
474 clip3pAdapterSeq CTGTCTCTTATACACATCT --readFilesCommand gunzip -c
```

475 Other parameters were as default, or only pertinent for particular samples. Duplicate reads
476 were marked using sambamba (version 0.6.5) (49) using 8 threads, and were sorted by
477 position using SAMtools (version 1.6) (50). BAM file indexes were generated using
478 sambamba. Quality control analysis was performed using the samtools flagstat command,
479 and the rnaseqc tool (version v1.1.8.1) (51) with the 1000 genomes assembly and gencode
480 19 gene models. Depth of Coverage analysis for rnaseqc was turned off. The quality
481 statistics for each sample are reported in Supplemental Table 6 and 7. FeatureCounts
482 (version 1.5.1) (52) was used to perform gene specific read counting over exon features
483 based on the gencode V19 gene model. The quality threshold was set to 255 (which
484 indicates that STAR found a unique alignment). Strand unspecific counting was used. For
485 total library abundance calculations, during FPKM/TPM expression values estimations, all
486 genes on chromosomes X, Y, MT and rRNA and tRNA were omitted as they possibly
487 introduce library size estimation biases. Differential expression analyses were performed

488 using DESeq2 (version 1.14.1) (53) and heat maps were visualized by ComplexHeatmap
489 package (version 1.99.5) (54). Genes with FDR < 0.05 were considered for further analysis.

490 RNA-Seq data are deposited in the The European Genome-phenome Archive (EGA) under
491 the accession number EGAS00001003950.

492

493 **CXCL13 ELISA**

494 CXCL13 Quantikine® ELISA (R&D Systems Europe, Ltd., Abingdon, UK) was performed
495 according to the manufacturer's protocol. In brief, standards and plasma samples were
496 pipetted into pre-assigned wells. After 2 h incubation and washing anti-CXCL13 conjugate
497 was added to the wells. After another 2 h incubation the plate was washed again and
498 substrate solution was applied for 30 min. The enzyme reaction was stopped by stop
499 solution. The ELISA plate was measured at 450 nm and 570 nm with a TECAN Spark (Tecan
500 GmbH, Crailsheim, Germany). Concentrations were calculated using Magellan software
501 (Tecan GmbH).

502

503 **Neutralizing antibodies**

504 Lentiviral HCV pseudoparticles (HCVpp) bearing patient-derived HCV envelope
505 glycoproteins from viral isolates (strains H77, genotype 1a; HCV-J, genotype 1b; genotype
506 2b; UKN3A1.28, genotype 3a) were produced and HCVpp entry as well as neutralization
507 were performed as described previously (55). Briefly, genotype-matched HCVpp were
508 incubated with control serum or decompartmented patient sera at a dilution of 1 to 200 for 1 h
509 at 37° C before incubation with Huh7.5.1 cells. After 72 hours, HCVpp entry was quantified
510 by measuring the luciferase activity as previously described (55). HCVpp incubated with
511 serum from anti-HCV seronegative individuals served as negative control.

512

513 **Statistical analysis**

514 Statistical analyses and graphical visualization were performed using GraphPad Prism 8
515 software (GraphPad Software, San Diego, USA). For analysis of multifunctional expression
516 of cytokines SPICE software was applied (56). To compare changes between cHCV and the
517 treatment and post-treatment time points, non-parametric tests (Wilcoxon matched-pairs
518 signed rank test) were applied as there was no Gaussian distribution of the data as
519 confirmed by the Kolmogorov-Smirnov test. If multiple statistical tests were used (in general
520 three statistical tests, Baseline vs. W2, Baseline vs. EOT, Baseline vs. FU; in Figure 6E 4
521 statistical tests were used), the statistical significance level of 0.05 was adjusted using
522 Bonferroni correction. The adjusted significance level is detailed in the corresponding figure
523 legend. p values of $p < 0.05$ in single testing were considered significant whereas in case of
524 multiple testing with three tests an adjusted p value of 0.01 was considered statistically
525 significant (* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$).

526

527 **Study approval**

528 This study was approved by the ethics committee of the University Hospital Freiburg (344/13
529 and 227/15). Written informed consent was obtained from all individuals prior to inclusion in
530 the study.

531

532 **Author contributions:**

533 Study concept and design: TB; acquisition of data: MS, DW, KZ, CF, KJ; analysis and
534 interpretation of data: TB, MS, NI, ZG, BB, CC; drafting of the manuscript: TB, MS; critical
535 revision of the manuscript for important intellectual content: BB, RT, TFB, MH, CNH;
536 statistical analysis: MS, ZG; obtained funding: TB, CNH, MH, RT, TFB; technical, or material
537 support: FE, TFB, RE; study supervision: RT, TB.

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544 providing the cDNA for the H77 strain, Dr. T. Liang (Liver Disease Branch, NIDDK, Bethesda,
545 MD) for expression constructs of the HCV-J strain and Dr. Jonathan Ball (University of
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- 706

Figure 1

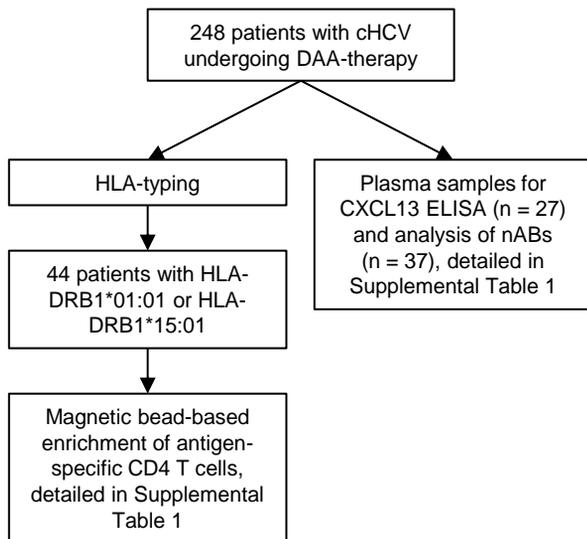


Figure 1: Flow Chart outlining the study design and the composition of the cohort. Patients with chronic HCV undergoing DAA therapy were HLA-typed. Samples from patients with HLA-DRB1*01:01 or HLA-DRB1*15:01 were used for magnetic bead-based enrichment of antigen-specific CD4 T cells. Independent from HLA-type, plasma samples were used for CXCL13 ELISA (n=27) and for nAbs analysis (n=37).

Figure 2

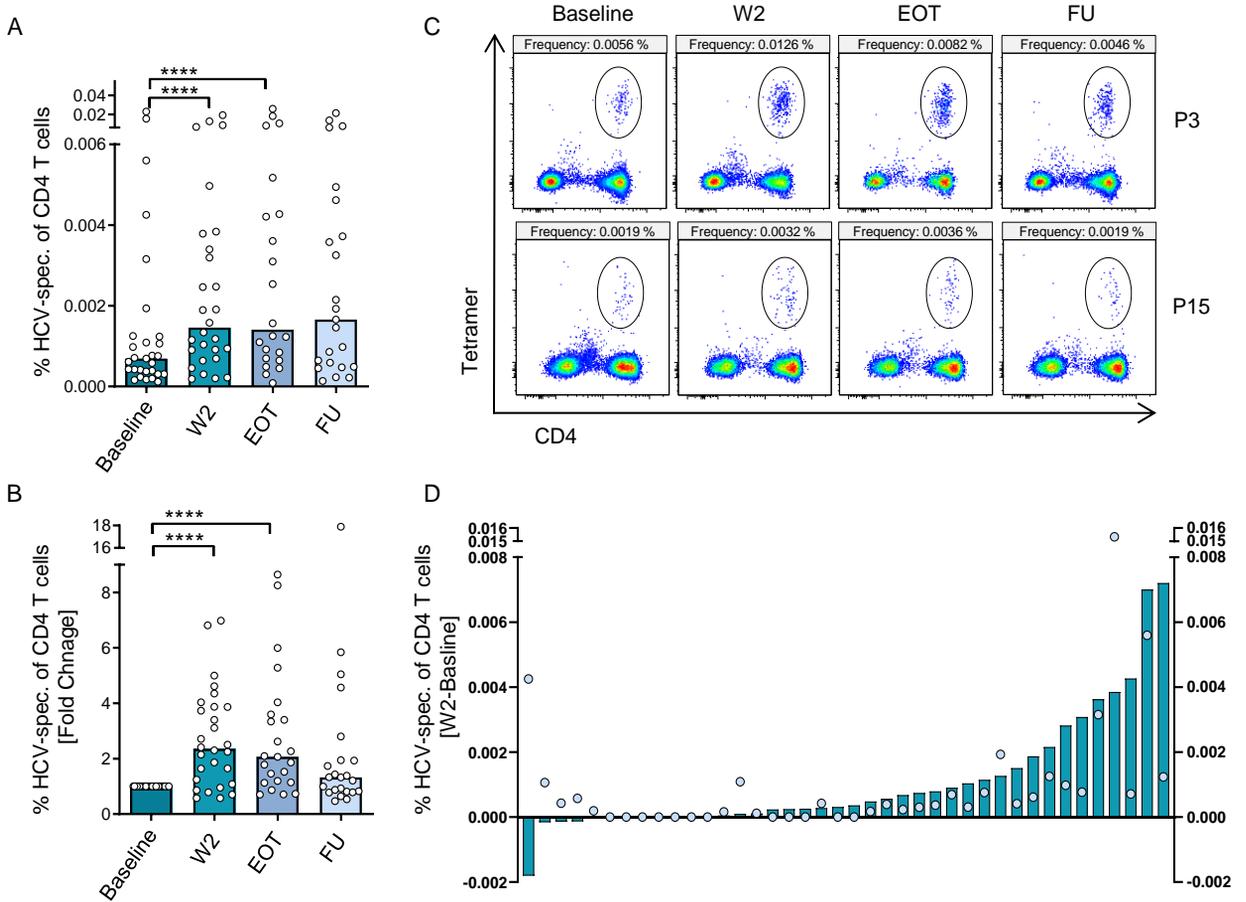


Figure 2: Frequency of HCV-specific CD4 T cells increases shortly after initiation of DAA therapy. (A and B) PBMCs from HLA-DRB1*01:01- or HLA-DRB1*15:01-positive chronically HCV-infected patients undergoing DAA therapy were acquired prior to antiviral therapy (baseline), two weeks after initiation of therapy (W2), at the end of therapy (EOT) and at follow up (FU, 24 weeks after EOT). Bead-based tetramer enrichment and surface staining was performed as described in the methods section prior to analysis by flow cytometry. **(A)** Frequencies of HCV-specific CD4 T cells within CD4 T cells are shown in % and **(B)** in fold change compared to baseline frequencies (n = 29). **(C)** Representative dot plots with the corresponding frequency are shown for two patients. **(D)** Frequencies of HCV-specific CD4 T cells at baseline were subtracted from the frequencies at W2 to visualize the decrease or increase of the frequency. All patients analyzed at both time points are included in the analysis (n = 40). Dots represent the frequency at baseline; bars represent the calculated decrease or increase of the frequency (W2 – Baseline). Each symbol represents one patient, bars represent medians (A + B); **** p < 0.0001; non-parametric distribution with Wilcoxon matched-pairs signed rank test was applied between indicated groups. Due to multiple comparisons (n=3), significance level was adjusted using Bonferroni correction and p values of < 0.01 were considered statistically significant. Thus, p values > 0.01 are not indicated.

Figure 3

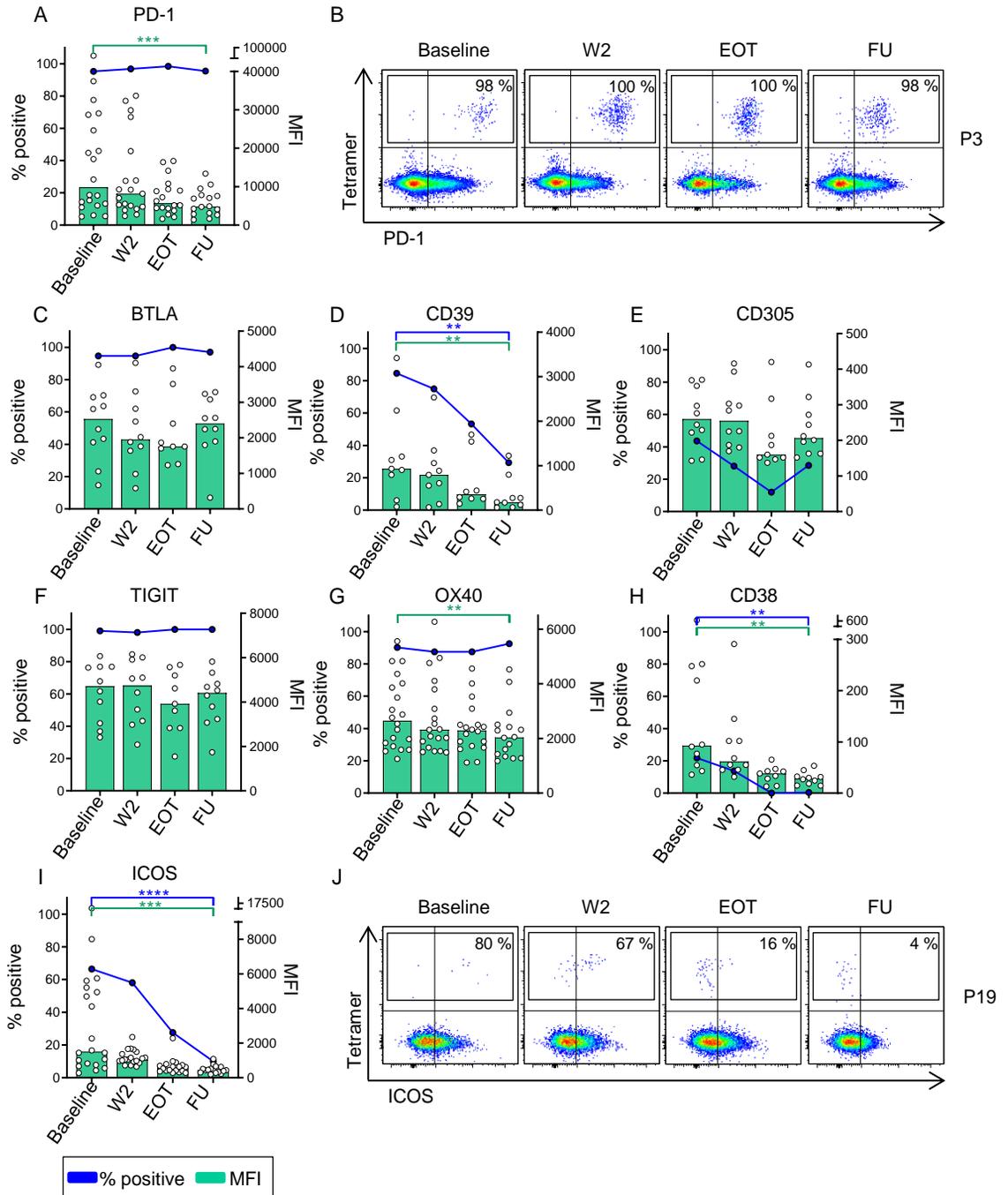


Figure 3: Longitudinal analysis of inhibitory receptors and activation markers on HCV-specific CD4 T cells during antiviral therapy. (A, C – I) Expression of different inhibitory receptors and activation markers on HCV-specific CD4 T cells was assessed at the indicated time points before and during antiviral therapy. Median expression of the individual surface marker on HCV-specific CD4 T cells in percent positive is characterized by the blue dots and lines. The median fluorescence intensity (MFI) of the individual samples and the median MFI are displayed as white scattered dots and green bars, respectively (n = 20 for PD-1, OX40, and ICOS; n = 10 for BTLA, CD38, CD305, TIGIT, and CD39). (B and J) Representative pseudocolor plots for expression of PD-1 and ICOS on HCV-specific CD4 T cells are shown after gating on live, non-naïve CD4 T cells. Each symbol represents one patient, bars represent medians; ** p < 0.01, *** p < 0.001, **** p < 0.0001; non-parametric distribution with Wilcoxon matched-pairs signed rank test between indicated groups. Due to multiple comparisons (n=3), significance level was adjusted using Bonferroni correction and p values of < 0.01 were considered statistically significant. Thus, p values > 0.01 are not indicated.

Figure 4

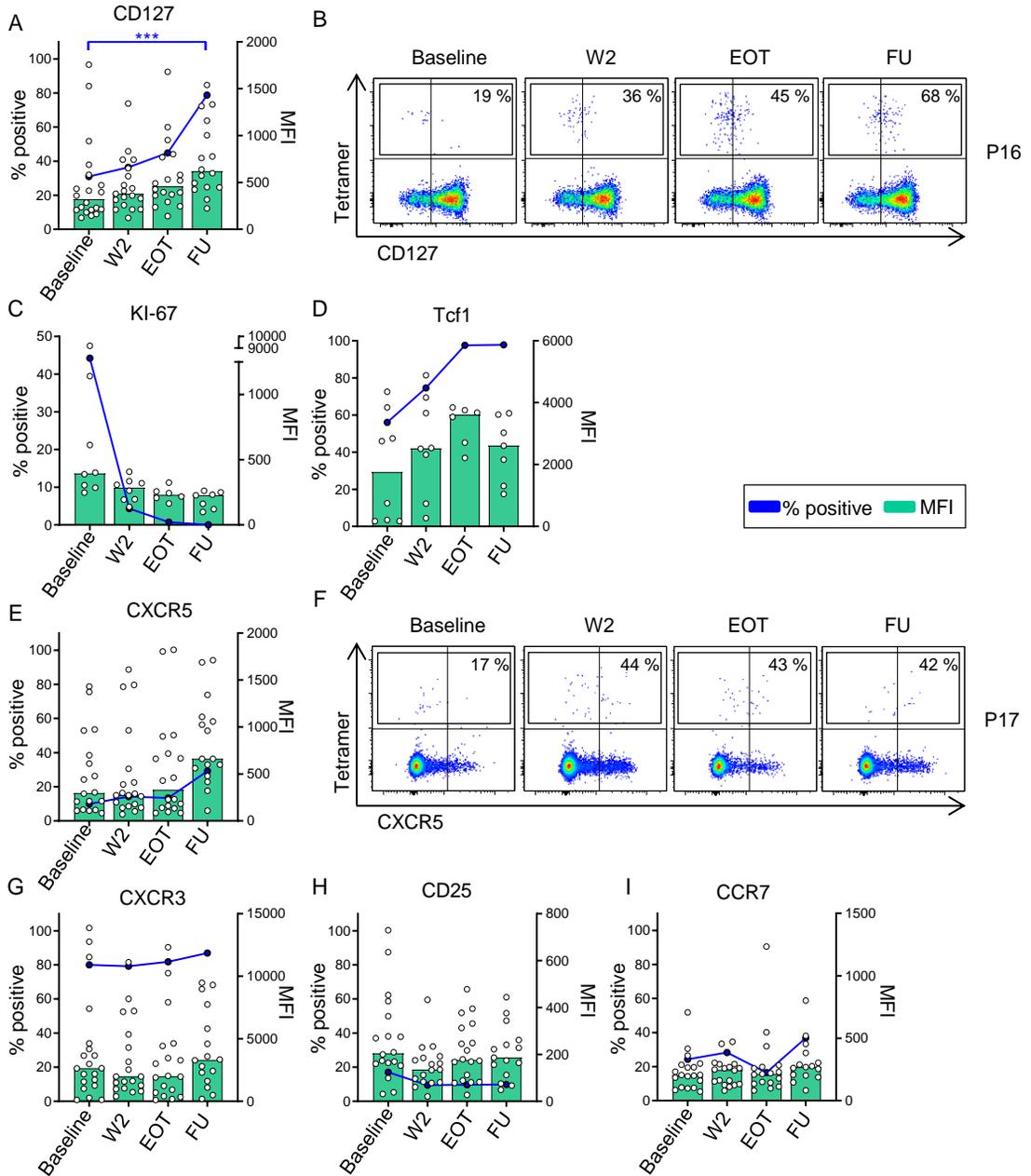


Figure 4: Cytokine receptor, chemokine receptor and transcription factor expression on HCV-specific CD4 T cells. (A, C - E, G - I) Median expression of the individual surface marker on HCV-specific CD4 T cells in percent positive is characterized by the blue dots and lines. The median fluorescence intensity (MFI) of the individual samples and the median MFI are displayed as white scattered dots and green bars, respectively (n = 20 for CD127, CXCR3, CCR7, CXCR5 and CD25; n = 8 for KI-67 and Tcf1). (B and F) Representative pseudocolor plots for expression of CD127 and CXCR5 are shown after gating on live, non-naïve CD4 T cells. Each symbol represents one patient, bars represent medians; *** p < 0.001; non-parametric distribution with Wilcoxon matched-pairs signed rank test between indicated groups. Due to multiple comparisons (n=3), significance level was adjusted using Bonferroni correction and p values of < 0.01 were considered statistically significant. Thus, p values > 0.01 are not indicated. .

Figure 5

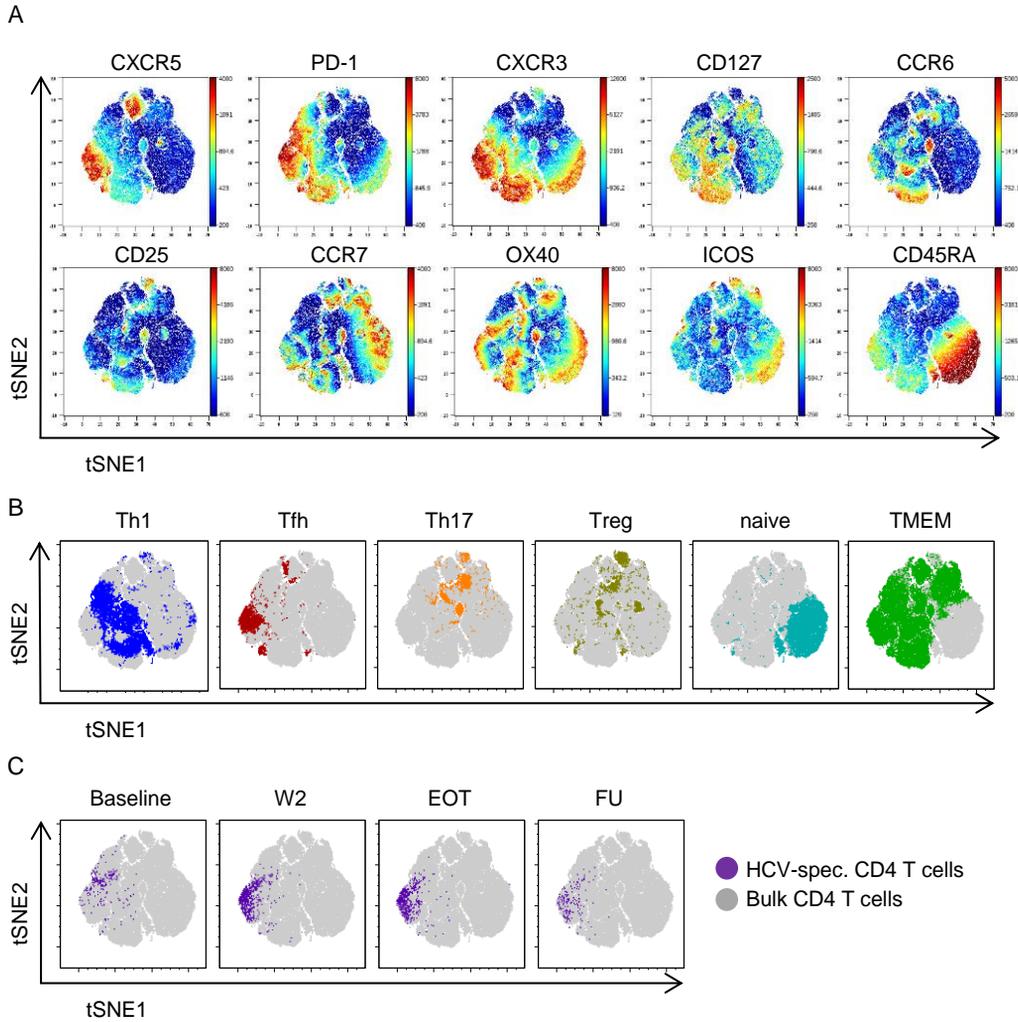


Figure 5: Phenotypic shift of HCV-specific CD4 T cells after initiation of antiviral therapy. t-Distributed Stochastic Neighbor Embedding (tSNE) analysis of CD4 T cells based on polychromatic flow cytometry data including CCR6, CCR7, CXCR3, CXCR5, CD25, CD45RA, CD127, ICOS, OX40 and PD-1 was performed in longitudinal samples from a representative patient analyzed in a single batch. HCV-specific CD4 T cell responses were analyzed by tetramer staining. **(A)** The expression levels of individual surface markers are visualized on total CD4 T cells using dot plots colored according to channel fluorescence intensity color scales are denoted adjacent to tSNE dot plots. **(B)** Localization of pre-defined CD4 T helper lineages were assessed on the tSNE map. Specifically, Tfh cells (CXCR5+PD-1+), Th1 cells (CXCR5-CXCR3+CCR6-), Th17 cells (CXCR5-CXCR3-CCR6+), regulatory T cells (Treg cells, CD127-CD25+), naïve T cells (CCR7+CD45RA+), memory CD4 T cells (TMEM cells, CD127+CD45RA-) are displayed as overlays on the bulk CD4 T cell population. **(C)** HCV-specific CD4 T cells indicated by tetramer binding visualized on the tSNE map per time point analyzed, indicating phenotypic changes in high dimensional space of the virus-specific CD4 T cell response after initiation of treatment.

